



Program Title (Topic Online)

Sandtray Play Therapy Ethical Principles (6) & Cross-Cultural Issues (6) in Play Therapy: Stories of Trust, Love, and Betrayal Online Interactive

Description

This 3-part workshop (4 hours of online instruction each day), will provide a total of 12 contact hours (6 contact hours of ethics and 6 contact hours of cross-cultural). Participants will explore how storytelling may be used to guide ethical decision making and to deepen understanding of cross-cultural issues in sand tray play therapy. Therapists will have opportunities to draw from their own story repertoires as well as a number of classic stories that serve metaphorically to guide decision making when confronted with ethical dilemmas. Going deeper than a review of the rules, participants will focus on the personal values and principles that govern ethical decision making. When using storytelling play, how does one honor the safety that play offers to both children and adults without betraying the trust understood implicitly in these activities? How is the topic of liminal space relevant to both ethical and cross-cultural issues? There will also be a focus on how storytelling is used across cultures for the purposes of healing and integration that are central to mental health.

2022 Online Training Dates

Part A	TBA	Thursday	8:40 am - 1:00 pm with 20-minute break
Part B	TBA	Friday	8:40 am - 1:00 pm with 20-minute break
Part C	TBA	Saturday	8:40 am - 1:00 pm with 20-minute break

Backup Plan in Case of Internet Outage: In the event of internet connectivity problems at the host site, the morning following the last day of the training will be used to fulfill any lost contact hours. We have had very few problems with internet provider connectivity, but it has happened, and so we request that you tentatively reserve the morning date after Part C for possible makeup time. This makeup day is for the entire group, not for individuals to do makeup for missed hours. Please see our [Makeup Policy](#) for further details of this policy regarding missed hours. Full attendance is required for certificates.

Prerequisites: Graduate degree in mental health or enrolled in a graduate degree program. Prior knowledge or experience with the sand tray process is helpful but not required.

Continuing Education: 12 contact hours/3 half days; the Association for Play Therapy (APT) designates interactive online learning as non-contact hours. The APT has made a COVID-19 exception to their policy through June 30, 2022. Please check with APT for Updates. See CE section below.



Fees

Professional Early	\$305 (Postmarked 30 days in advance)
Professional Regular	\$325
Student Early	\$285 (Postmarked 30 days in advance)
Student Regular	\$305

Note: Tuition fees include a certificate of training except for psychologists who may request a certificate of training from our co-sponsor for a \$20 fee.

Educational Goals

This training will help participants to:

1. Identify common ethical challenges implicit in both traditional and personal stories;
2. Explain how to strengthen play therapy trust building skills necessary for healing relationship betrayals;
3. Utilize creative storytelling with objects of play as a means of clarifying ethical dilemmas and increasing cross-cultural awareness in the context of sand tray play therapy;
4. Describe the creative process of developing a personal model of ethics derived from core values and informed by right mode hemispheric processes.
5. Discuss ethical and cross-cultural issues of cases relevant to sand tray play therapy;
6. Demonstrate the value of using storytelling in conjunction with established models of ethical decision making in play therapy;
7. Explain how storytelling serves to integrate the differentiated parts of the brain across all cultures.
8. Discuss the relevance of holding liminal space to both ethical and cross-cultural issues of sand tray play therapy.

Presenter: Theresa Kestly, PhD, RPT-S Psychologist

Location

Sand Tray Training Institute – Online ZOOM Platform
294 Mission Valley Road
Corrales, NM 87049

Daily Schedule*

Days 1 - 3 (4 contact hours each day)

8:40 – 10:45 Topic Presentation
 Discussion
 Training Demonstration



Questions

10:40 – 11:00 **BREAK**

11:00 – 1:00 Training Demonstration

Demonstration Discussion & Clinical Applications

Review & Questions

*Schedule may vary at the discretion of the presenter due to curriculum updates and participant processing.

Continuing Education Credits

In this 3-part training participants will earn 12 CE contact hours verified with a Certificate of Training. Following is a list of organizations that have approved our training for continuing education requirements.

The Sand Tray Training Institute of New Mexico is approved by the following to offer continuing education credits: The National Board for Certified Counselors, NBCC (#5972); the **Texas State Board of Social Work Examiners** (#CS5455). The **New Mexico Board of Social Work Examiners** accepts continuing education as being Board approved if approved by other state social work boards in the United States (The Institute is approved by Texas). In addition, it is approved by the **Association for Play Therapy**, APT Approved Provider (99-052), to offer continuing education specific to play therapy. The Sand Tray Training Institute of New Mexico follows all CE guidelines and maintains responsibility for the program. All courses meet the qualifications for 6 contact hours of continuing education credit per 1 full day of training.

APT Policy for Contact versus Non-Contact Hours: APT considers all online training as non-contact CEs except for their COVID-19 policy now in effect through June 30, 2022. Please check with the APT for further updates after June 30, 2022. The following statement will appear on all certificates of training for this class while this policy is in effect.

Due to COVID-19 health concerns, this one-time online event has been approved by APT for (12 hours) CONTACT CE Hours.

Co-Sponsor: Family Enhancement and Play Therapy Center (FEPTC) of Boiling Springs, Pennsylvania. The Family Enhancement and Play Therapy Center is approved by the **American Psychological Association**, APA (#0833) and the National Board for Certified Counselors (#5732) to offer continuing education credits to psychologists and counselors, respectively. The FEPTC is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The FEPTC is also approved by the Association for Play Therapy, APT Approved Provider (#95-014), to offer continuing education specific to play therapy. We are approved by many state social work boards and try to obtain social work and other CE approvals on a state-by-state basis whenever possible. The Family Enhancement and Play Therapy



Center follows all CE guidelines and maintains responsibility for the program. Six (6) continuing education credits per workshop day will be awarded to participants who attend the entire time of each of the workshops as listed above for our “live classrooms” at our Corrales, NM location. Four (4) continuing education credits per workshop day will be awarded for online half days. Partial credit cannot be given. No exceptions can be made to this policy. Please call with any questions about your CE needs.

Cancellation and Refund Policy

Registration fees are refundable (less \$50.00 administrative fee & any credit card fees) if written notice is post-marked no later than 30 days before the training begins. Refunds require a minimum 6-week processing time. Registrants may transfer/sell their enrollment to another qualified person at any time. Transfer fee is \$50.00.

The Sand Tray Training Institute reserves the right to cancel a workshop due to insufficient enrollment, inclement weather, instructor illness, instructor family emergency, or some other unforeseen event. Notice will be provided at the earliest possible date via email with the option to reschedule for a future training date or to receive a full refund of paid workshop fees.

Makeup Policy

Certificates can be awarded only when the training is attended in full. In case of medical or family issues, makeup work may be arranged on an individual basis at an hourly consultation rate. The requirement for full attendance is a policy issued by the CE organizations that approve our trainings for continuing education credits.

Supplies

This workshop involves some collage materials that we will use to create group experiences. Our training facility will send these collage supplies to you at no extra cost if you register 30 days prior to the beginning of the workshop and if your mailing address is within the continental United States. If you register after that date, we will still send the supplies, but they may not reach you by the beginning of the workshop. For participants outside the United States, we will supply all the materials, but you will need to cover the extra costs of shipping.

Presenter Information

Theresa Kestly, PhD, RPT-S is a psychologist, educator, consultant and a registered play therapist/supervisor with the Association for Play Therapy. She is an international presenter, and she maintains a private practice with specialties in play therapy and sand tray therapy in Corrales, New Mexico for children, adults, families, couples, and small groups. Theresa served as a senior staff psychologist at the Albuquerque Family and Child Guidance Center in Albuquerque, New Mexico where she specialized in child, adolescent and family therapy, consultations with the Indian Health Service, and consultations with the Albuquerque Public Schools. She supervised psychology,



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counseling and psychiatry trainees as an adjunct faculty member at the University of New Mexico. Theresa served as the first president of the New Mexico Association for Play Therapy. She is the founder and director of the Sand Tray Training Institute of New Mexico in Corrales, New Mexico where she provides large-group seminars and small-group intensive training for psychotherapists in child and adult sand tray therapy. Theresa is author of *The Interpersonal Neurobiology of Play: Brain-Building Interventions for Emotional Well-Being* (Norton Interpersonal Neurobiology series).