



## Program Title (Topic In-Person)

# Sandtray Play Therapy: Sand & Spirit, Cross-Cultural Considerations (In-Person)

## Description

This workshop is two days of personal and professional growth through exploration of sand, play, and ceremony. Participants use simple art materials and sand tray play therapy to build bridges to the wisdom and guidance that is within. No previous knowledge or artistic skills are required.

## March 2022 On-Site Training Dates

**Day 1** March 19 Saturday 9:30 am - 5:30 pm with 1.5-hour lunch break  
**Day 2** March 20 Sunday 9:30 am - 5:30 pm with 1.5-hour lunch break

**COVID Vaccine Requirements:** Verification of a full COVID vaccine protocol (Moderna, Pfizer, or Johnson) will be required to attend the training at the Corrales location. We cannot make exceptions to this policy. Masks will not be required. Our institution reserves the right to cancel the on-site training if the State of New Mexico determines that it is not safe to meet in groups due to an increase in COVID cases or if a new variant arises. If we cancel the training, only the full paid tuition will be refunded. We are not able to cover travel and lodging expenses.

**Prerequisites:** Graduate degree in mental health or enrolled in a graduate degree program.

**Continuing Education:** 12 contact hours/2 days

## Fees

Professional Early	\$305 (Postmarked 30 days in advance.)
Professional Regular	\$325
Student Early	\$285 (Postmarked 30 days in advance.)
Student Regular	\$305

Materials Fee: \$25 check/cash ONLY – to be paid to Wendy at workshop.

Note: Tuition fees include a certificate of training except for psychologists who may request a certificate of training from our co-sponsor for a \$20 fee.



## Educational Goals

This training will help participants to:

1. Describe the healing aspect of sand tray play therapy from a Native American perspective.
2. Compare and contrast several Native American healing traditions with sand tray play therapy.
3. Utilize awareness of Native American philosophy for working with Native American clients in the sand tray play therapy process.
4. Apply concepts of sand tray play therapy to the ceremonial aspects of community building.
5. Describe the sand tray play therapy process from a science-informed perspective.
6. Describe the relationship of mindfulness and the witnessing role during sand tray play therapy.
7. Explain how play helps to build a resilient nervous system during sand tray play therapy.

**Presenters:** Wendy Thunderchief, MA and Theresa Kestly, PhD, RPT-S  
Psychologist

## On-Site Location

Sand Tray Training Institute  
294 Mission Valley Road  
Corrales, NM 87049

## Daily Schedule\*

Days 1 - 2 (6 contact hours each day)

9:00 – 9:30 Continental Breakfast & Gathering Time

9:30 – 11:00 Topic Presentation  
Discussion  
Training Demonstration  
Questions

11:00 – 11:15 **BREAK**

11:15 – 12:45 Training Demonstration  
Demonstration Discussion & Clinical Applications  
Review & Questions



12:45 – 2:15	LUNCH (on your own)
2:15 – 3:45	Training Demonstration Demonstration Discussion & Clinical Applications Review & Questions
3:45 – 4:00	BREAK
4:00 – 5:30	Training Demonstration Demonstration Discussion & Clinical Applications Review & Questions

\*Day 2 of this workshop may include a field trip to a medicine wheel in Albuquerque, New Mexico depending on weather and availability of the site. Schedule of the second day may vary (e.g., from 10:30 am to 6:30 pm) to accommodate the visit to the medicine wheel.

## Continuing Education Credits

In this 2-day training participants will earn 12 CE contact hours verified with a Certificate of Training. Following is a list of organizations that have approved our training for continuing education requirements.

The Sand Tray Training Institute of New Mexico is approved by the following to offer continuing education credits: The National Board for Certified Counselors, NBCC (#5972); the **Texas State Board of Social Work Examiners** (#CS5455). The **New Mexico Board of Social Work Examiners** accepts continuing education as being Board approved if approved by other state social work boards in the United States (The Institute is approved by Texas). In addition, it is approved by the **Association for Play Therapy**, APT Approved Provider (99-052), to offer continuing education specific to play therapy. The Sand Tray Training Institute of New Mexico follows all CE guidelines and maintains responsibility for the program. All courses meet the qualifications for 6 contact hours of continuing education credit per 1 full day of training.

**Co-Sponsor:** Family Enhancement and Play Therapy Center (FEPTC) of Boiling Springs, Pennsylvania. The Family Enhancement and Play Therapy Center is approved by the **American Psychological Association**, APA (#0833) and the National Board for Certified Counselors (#5732) to offer continuing education credits to psychologists and counselors, respectively. The FEPTC is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The FEPTC is also approved by the Association for Play Therapy, APT Approved Provider (#95-014), to offer continuing education specific to play therapy. We are approved by many state social work boards and try to obtain social work and other CE approvals on a state-by-state basis whenever possible. The Family Enhancement and Play Therapy Center follows all CE guidelines and maintains responsibility for the program. Six (6)



# Sand Tray Training Institute of NM

PO Box 800 ♦ Corrales, NM 87048 ♦ (505) 720-1177 ♦ [sandtraynm@gmail.com](mailto:sandtraynm@gmail.com) ♦ [www.sandtraytraining.com](http://www.sandtraytraining.com)

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continuing education credits per workshop day will be awarded to participants who attend the entire time of each of the workshops as listed above for our “onsite classrooms” at our Corrales, NM location. Partial credit cannot be given. No exceptions can be made to this policy. Please call with any questions about your CE needs.

## **Cancellation and Refund Policy**

Registration fees are refundable (less \$50.00 administrative fee & any credit card fees) if written notice is post-marked no later than 30 days before the training begins. Refunds require a minimum 6-week processing time. Registrants may transfer/sell their enrollment to another qualified person at any time. Transfer fee is \$50.00.

The Sand Tray Training Institute reserves the right to cancel a workshop due to insufficient enrollment, inclement weather, instructor illness, instructor family emergency, or some other unforeseen event. Notice will be provided as soon as possible via email with the option to reschedule for a future training date or to receive a full refund of paid workshop fees. Travel and lodging cannot be covered by our institution.

## **Makeup Policy**

Certificates can be awarded only when the training is attended in full. In case of medical or family emergencies, makeup work may be arranged on an individual basis at an hourly consultation rate. The requirement for full attendance is a policy issued by the CE organizations that approve our trainings for continuing education credits.

## **Presenter Information**

**Theresa Kestly, PhD, RPT-S** is a psychologist, educator, consultant and a registered play therapist/supervisor with the Association for Play Therapy. She is an international presenter, and she maintains a private practice with specialties in play therapy and sand tray therapy in Corrales, New Mexico for children, adults, families, couples, and small groups. Theresa served as a senior staff psychologist at the Albuquerque Family and Child Guidance Center in Albuquerque, New Mexico where she specialized in child, adolescent and family therapy, consultations with the Indian Health Service, and consultations with the Albuquerque Public Schools. She supervised psychology, counseling and psychiatry trainees as an adjunct faculty member at the University of New Mexico. Theresa served as the first president of the New Mexico Association for Play Therapy. She is the founder and director of the Sand Tray Training Institute of New Mexico in Corrales, New Mexico where she provides large-group seminars and small-group intensive training for psychotherapists in child and adult sand tray therapy. Theresa is author of *The Interpersonal Neurobiology of Play: Brain-Building Interventions for Emotional Well-Being* (Norton Interpersonal Neurobiology series).

**Wendy Thunderchief, M. A., LPCC** is a consultant in Albuquerque, NM where she provides guidance and advice to a variety of clients. Through telehealth she works with



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Native American inmates in a Florida prison who have no access to guidance about their traditional and spiritual ways. Wendy also creates and makes traditional items, such as medicine bags, talking sticks, pipes, drums, and traditional wear. She and her husband, Clinton conduct ceremonies such as naming, home/office opening or closing blessings, prayers, and sweat lodges. Wendy provides leadership to local and national agencies associated with the development and advancement of Native Americans. She is a Pipe Carrier, writer, and artist. Currently Wendy is writing a book of vignettes about her life experiences.